

Part II, Section II: Analyzing Mental Health Needs in the Community

1) Using the information from population data for the County and any available estimates of unserved populations, provide a narrative analysis of the unserved populations in your county by age group. Specific attention should be paid to racial ethnic disparities.

The unserved, underserved and inappropriately served population in San Joaquin County comprises a total of 40,408 people spanning all four age groups addressed in the Plan. The target population is based on three separate groups: 1) the number of people that have not been served, 2) the people that have been underserved and 3) those that have been inappropriately served within the low income population of San Joaquin residents with a SED or SMI.

The designation of these populations was reached so that people with SED/SMI in the <200% poverty group are in the greatest need for comprehensive services. Among the four different age groups Latinos were consistently the largest unserved population regardless of age with the White population next except for the children and youth age group where the second largest unserved population was Asian. African Americans were consistently inappropriately served with an over representation in the justice and foster care system.

Children/Youth

San Joaquin County includes a large population of unserved children ages 0-15 within San Joaquin County. Data indicates that of the 13,363 children with SED/SMI, 6,221 are within the population falling below the 200% poverty rate. Of those under or unserved children, 50% are Latino, 17% are Asian, 18% are White, 9% are African American, and 5% are of mixed race indicating other with the remaining 1% percent being Native American.

Transition Age Youth

Like the 0-15 age group that goes unserved within the County the pattern carries over into the subsequent age groups. Transitional Age Youth is no exception; it too has a large population of unserved youth. Within the 16-25 year old population living below the 200% poverty rate there are a total of 4,070 youths. Latinos again are the most underserved making up 48% of that population. Whites are at 23%, Asian 17%, African Americans 8%, and other ethnicities came in at 5% of the population.

Adults

While there are 18,653 adults 26-59 that are considered adults within San Joaquin County with a SED or SMI, 6,984 of those people are within the low income population for the county. African American’s make up 8% of the population, Native American’s 1%, other ethnicities 4%, Asian 14%, White 33% and Latinos 40%.

Older Adults

The older adult population shows no disparities in distribution. While it is a smaller population in general, with 4,876 persons estimated to have a SED or SMI and 1,636 of those people are living in poverty, the pattern remains similar with the a slight variation, other ethnicities comprise 3% of the older adult low income SED/SMI population, white 55%, Native American 1%, Latino 18%, Asian/Pacific islander 17% and African American 6%. This is the only age group where the Latino population does not carry the highest percentage.

2) Using the format provided in Chart A, indicate the estimated total number of persons needing MHSA mental health services who are already receiving services, including those currently fully served and those underserved/inappropriately served, by age groups, race/ethnicity, and gender. Also provide the total county and poverty population by age group and race/ethnicity. (Transition Age Youth may be shown in a separate category or as part of the Children and Youth or Adults.)

Table 5. San Joaquin County MHSA, Service Need and Utilization: Children and Youth

Children and Youth (0-15)	Fully Served		Underserved & Inappropriately Served		Total Served		< 200% County Poverty Population		County Population	
	M	F	M	F	M&F	% of Total Served	M&F	% of Total	M&F	% of Total
African American	34	31	172	101	338	16.9%	5,929	9%	14,848	8%
Asian / Pacific Islander	5	4	33	18	60	3.0%	9,192	14%	19,080	11%
Latino	53	46	230	134	463	23.2%	34,926	53%	78,650	45%
Native American	1	3	11	8	23	1.2%	415	1%	4,303	2%
White	100	78	518	280	976	48.9%	12,876	20%	51,840	30%
Other	40	21	39	35	135	6.8%	2,182	3%	6,575	4%
TOTAL	233	183	1,003	576	1,995	100.0%	65,520	100%	175,251	100%

Table 6. San Joaquin County MHSA, Service Need and Utilization: Transition Age Youth

Transition Age Youth (16-25)	Fully Served		Underserved & Inappropriately Served		Total Served		< 200% County Poverty Population		County Population	
	M	F	M	F	M&F	% of Total Served	M&F	% of Total	M&F	% of Total
African American	17	15	119	111	262	16.8%	3,100	8%	9,812	8%
Asian / Pacific Islander	3	7	81	63	154	9.9%	6,316	16%	15,948	14%
Latino	14	9	107	155	285	18.3%	18,873	49%	46,790	40%
Native American	3	1	45	26	75	4.8%	204	1%	1,819	2%
White	31	21	335	352	739	47.4%	8,573	22%	38,952	33%
Other	1	3	20	21	45	2.9%	1,728	4%	3,276	3%
TOTAL	69	56	707	728	1,560	100.0%	38,794	100%	116,597	100%

Table 7. San Joaquin County MHSA, Service Need and Utilization: Adults

Adults (26-59)	Fully Served		Underserved & Inappropriately Served		Total Served		< 200% County Poverty Population		County Population	
	M	F	M	F	M&F	% of Total Served	M&F	% of Total	M&F	% of Total
African American	19	21	291	466	797	12.7%	7,310	10%	23,300	8%
Asian / Pacific Islander	2	5	414	833	1,254	20.0%	10,804	14%	32,684	11%
Latino	7	16	292	521	836	13.3%	32,017	43%	100,137	34%
Native American	2	3	125	124	254	4.0%	785	1%	4,834	2%
White	27	55	1,202	1,776	3,060	48.7%	21,002	28%	131,245	44%
Other	0	1	40	35	76	1.2%	2,723	4%	5,102	2%
TOTAL	57	101	2,364	3,755	6,277	100.0%	74,641	100%	297,302	100%

Table 8. San Joaquin County MHSA, Service Need and Utilization: Older Adults (60+)

Older Adults (60+)	Fully Served		Underserved & Inappropriately Served		Total Served		< 200% County Poverty Population		County Population	
	M	F	M	F	M&F	% of Total Served	M&F	% of Total	M&F	% of Total
African American	0	0	44	56	100	8.6%	1,617	7%	5,037	6%
Asian / Pacific Islander	0	0	110	155	265	22.7%	4,127	17%	10,462	12%
Latino	0	0	64	70	134	11.5%	4,458	18%	14,520	16%
Native American	0	0	11	10	21	1.8%	275	1%	1,221	1%
White	2	4	211	395	612	52.5%	13,188	54%	56,678	63%
Other	0	0	15	19	34	2.9%	771	3%	1,378	2%
TOTAL	2	4	455	705	1,166	100.0%	24,436	100%	89,296	100%

3) Provide a narrative discussion/analysis of the ethnic disparities in the fully served, underserved and inappropriately served populations in your county by age group as identified in Chart A. Include any available information about their age and situational characteristics as well as race/ethnicity, gender, primary language, sexual orientation, and special needs.

As noted earlier, data reflects that the population with the highest number in need regardless of age is the Latino population. The population with the highest number fully served is Children and Youth. This age group holds 59% of the total population of those fully served by mental health services. Data indicates that the Adult age group maintains 22%, Transitional Age Youth 18%, and Older Adults 1%.

Table 9. Estimated Number of Full Served County Residents with SED/SMI

Age Group	Est. # County Residents with SED/SMI	% Share of Total County Residents with SED/SMI	# Fully Served	% Share of Fully Served
Children & Youth (0-15)	11,192	30%	416	59%
Transitional Age Youth (16-25)	8,188	18%	125	18%
Adult (26-59)	16,671	41%	158	22%
Older Adult (60+)	4,357	11%	8	1%
TOTAL	40,408	100%	707	100%

An observation is that while the White population is the second largest for those unserved living below poverty, it is also consistently the largest number represented in the fully served population among all four age groups.

Children & Youth (0-15)

There are 13,363 children between the ages of 0 to 15 who represent the total population of children in San Joaquin with an SED or SMI. There are 6,221 low income children and youth with an SED or SMI. Of the latter group only 416 are considered to be fully served and 1,579 are considered to be under or inappropriately served leaving 5,697 unserved. Latinos represent 3,703 (51%), Asians 1,338 (18%), African Americans 627 (9%), Native Americans 43 (1%), 'Other' 350 (5%) and White 1,216 (17%) of the population of 7,276 children or youth who are unserved, under-served or inappropriately served.

Transitional Age Youth (16-25)

The total County TAY population has an estimated 8,324 individuals with SED / SMI. The low income TAY population has an estimated 4,070 individuals with SED or SMI. Of the latter group, 125 were fully served, 1,552 were under or inappropriately served and 2,481 went without any type of service at all. African Americans represent 293 (7%), Asians 601 (15%), Latinos 1,606 (40%), Native American 21 (1%), Other 166 (4%) and White 1,348 (33%) of TAY individuals who are unserved, under-served or inappropriately served.

Adult (26-59)

San Joaquin County has a population of 18,653 adults ages 25 to 59 that are estimated to have SMI. There are 6,984 low-income adults that have an SMI. Of the low-income group, 1,285 of these adults are considered unserved and 6,119 were either inappropriately or under served. The number of adults that were considered fully served only reached a total of 158. Unserved, under-served or inappropriately served low-income SMI adults consisted of African-American 516 (7%), Asian 1,138 (15%), Latino, 2,939 (40%), Native American 40 (1%), Other 308 (4%), and White 2,463 (33%).

Older Adults

The total older adult population with a SED or SMI in San Joaquin numbers 4,876 with an estimated 1,636 of those people living in poverty. Of the estimated low-income population with a SED or SMI, data indicates that 6 people were fully

served, 1,160 were under or inappropriately served and 667 were without any services. All six of those that were fully served were White and 52% of those that were either inappropriately or under served were White as well. Again, the need to reach out to other ethnic populations is clear, for example the estimated Latino low-income population with a SMI is 301, but only 134 or 45% of this population receives some type of service, while almost 98% of the White adult low-income population is served. The Latino population has 1/5 the penetration rate of the White population and therefore demands methods to ensure outreach through community based organizations who better understand and can serve the culture and language needs of each unique population.

4) Identify objectives related to the need for, and the provision of, culturally and linguistically competent services based on the population assessment, the county's threshold languages and the disparities or discrepancies in access and service delivery that will be addressed in this plan.

Based on the evident disparities in access to care for the ethnically diverse groups mentioned above, San Joaquin County Behavioral Health Services is committed to continuing expansion of its culturally competent capacity in the proposed MHSA funded programs described in this plan. The following objectives include specific strategies and interventions to address access to care disparities. Objectives to increase access to care and reduce health care disparities countywide include:

- Provide outreach to engage and increase access to care for Latino and Asian Americans in the mental health system. This will include outreach activities in schools, at health fairs, in churches, in community/senior centers, at specialized events, and through speaking engagements; specialized advertising; and direct face-to-face involvement in the community.
- Provide early and appropriate intervention, prevention, access and support services to the African American population to ensure early entry, and support to decrease higher levels of inappropriate care.
- Provide outreach and engagement to the Native American, Muslim/Middle Eastern and Gay-Lesbian-Bisexual-Transgender communities, in order to provide support and promote successful engagement with mental health services. This outreach and engagement will occur in partnership with the ethnic and GLBT communities. This partnership will occur by contracts with CBOs in the respective communities who understand and support the populations that need service.
- Provide education and cross-training on mental illness and dual-diagnosis, emphasizing wellness, recovery and cultural competency.

- Provide services in an individualized, client/family focus that supports wellness and recovery. The focus of treatment will be strength-based, emphasizing resiliency and accessing natural community supports/healers.
- Provide linguistically and culturally appropriate services in settings that are more acceptable to ethnically diverse individuals and have less stigma associated with them. One of these settings may be primary care providers.
- Provide a culturally competent staff and utilize bicultural service provision staff.
- Increase penetration and client retention rates.
- Evaluate methods to address stigma and increase access for selected underserved communities.
- Identify and implement interventions that work effectively with ethnic populations.